

BARIATRIC SURGERY SUPPORT GROUP



2026 Support Group Schedule

February 18th

May 20th

August 19th

November 18th

**McLaren Port Huron
Wisner 3rd Floor Conference Room
5:00pm to 6:00pm**

Bariatric surgery patients who participate in support groups have increased success in their weight loss journey. A support group helps keep individuals motivated, and is a great place to talk about concerns, share tips and ideas, and celebrate success.

Significant others, family members, and guests are welcome to attend. Bariatric surgery is not a requirement to attend support group meetings.